

Puzzle



5	6	8		1		4	9	3
3	4	2				5		7
						8	2	6
	8	3		2	6	9	7	
						1		
		6	5				4	8
	7			5	1		3	9
	2		6	4		7	5	
1	3			7	9		8	4



SweetwaterRetirement.com 

FEBRUARY 2019

3140 Sweetwater Drive, Billings, MT 59102, (406) 651-8111

A Note from the Executive Director



As we move into the new year, we are making a change in the security of our community to ensure all residents and staff are safe at all times. Currently, all entrances are completely locked overnight and unlocked during the day. While we understand this may be the most convenient method for family and friends to enter our community, we also realize this

poses a security issue to all our residents and staff.

Our Home Office has spent a great deal of time over the last year discussing the best way to keep everyone in our community safe. Effective January 21st 2019, Sweetwater Community will become a 24 hour secured community. We hope you embrace these changes and see it as an opportunity to ensure those living and working in our community are safe and secure. If you have any questions regarding the new door policy please feel free to stop by my office or call me at 406-651-8111.

Sweetwater Staff

Todd De Leon
Executive Director

Cassie Hamblen
Administrative Assistant

Jan Mobley
Director of Nursing

Penny Spencer
Assistant DON

Andy Heggen
Property Maintenance

Betty Jean Long
Life Enrichment Coordinator

Mike Brandel
Director of Dining

Kindness is a language which the deaf can hear and the blind can see."

-Mark Twain

Resident Spotlight

This month, we are featuring Velma G. in our resident spotlight. Velma has been a part of our Sweetwater family since April 2017. “I grew up in Laurel, MT. One of my fondest memories of childhood is that my mom took me shoe shopping and I fell in love with the most beautiful pair of red shoes. She bought them for me and sadly I wasn’t able to wear them too long as I grew out of them too fast!” she said. Velma enjoys listening to audio books, watching her favorite shows and watching other residents dance in the Pub as she used to dance a lot. “My favorite part about living at Sweetwater is no housework and no cooking!” We are honored to have you here, Velma!



Employee Spotlight

We have selected Penny S. for our Employee Spotlight this month. Penny joined the Sweetwater team in August 2018 as an LPN Staff Nurse and as of December 2018, she now serves our residents as the Assistant Director of Nursing. Penny was born in Rock Island, Illinois and has been blessed with four adult children, 17 grand-children and a pet dove named Earl! In 1995 Penny graduated from the college of technology in Billings with a degree and has since enjoyed working in many different areas of nursing. We are so glad you chose us, Penny!



Event Highlight

In with the new, out with the old! As many of you know there has been many changes made to the calendar and as of last month Sweetwater began a Baking Club, for a very good cause. Every week residents will gather in the dining room to frost, decorate and bag baked goods. These baked goods will then be hand delivered by residents to community volunteers and first responders to show appreciation for what they do! In January residents delivered to the Fire Department, Billings Police Department and Handicapped Volunteers. If you would like to join in on this activity or share a recipe you may have, Baking Club will be held every Thursday at 9:30am in the Sweetwater Dining Room.



Coming Events

Harvest Music-Every Friday in the
Movie Theatre at 9:00am

PSU Classes-Every Monday &
Thursday in the Movie Theatre

Coupon Clipping with April-Every
Monday at 9:30am in the Craft
Corner

Celebrations

BIRTHDAYS

Betty W. -18
Addie S. -22
Velma G. -28

NEW STAFF

Ana-Housekeeper

ANNIVERSARIES

NEW RESIDENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>Wear Red EVERY Thursday in the month of February for American Heart Month</p>			<p>1 9:00 Sunday Church Sermon - MT 9:15 Errands 10:00 Technology 101 -P 1:30 1st Responders Delivery 1:30 Wii Bowling - MT 2:30 Happy Hour-P Webb Family 6:30 Movie-MT Get Your Weekend Walking Bingo</p>	<p>2 Ground Hog Day 10:00 Exercise-AR 1:30 Hand & Foot Card Game-DR 2:00 Documentary - MT 2:00 Cribbage- AR 6:30 Movie-MT Weekend Walking Bingo</p>
3	4	5	6	7	8	9
<p>3:15 Resident, Family and Friends Ice Cream Social - I 4:00 Pool Game - B 4:30 Super Bowl Party Rams Vs. Patriots - MT 6:30 Pinochle-DR Weekend Walking Bingo</p>	<p>9:00 Errands 9:30 Coupon Clipping - CC 10:00 Exercise- AR 1:30 Lifelong Learning Class -MT 3:00 Bunco-P 4:00 Spiritual Retreat -C 6:00 Free Dinner @ Faith Church * 6:30 Movie - MT</p>	<p>Chinese New Year 9:30 Make Bears - CC 10:00 Chair Tai Chi-AR 1:30 Wii Bowling- MT 2:00 Paraffin Hand Dip - P 3:00 BINGO-AR 4:00 Rosary - C 6:30 Pinochle-I 6:30 Movie - MT</p>	<p>9:00 Wal Mart 10:00 Exercise-AR 10:30 Ambassadors - P 1:30 Albertsons 1:30 Billy Graham Sermon - MT 3:30 Resident Birthday Social - I 6:30 Movie-MT 6:30 Poker-P</p>	<p>9:00 Baking Club - DR 9:30 Spiritual Coffee Chat - P 10:00 Chair Tai Chi-AR 10:30 Reading Group 1:30 Lifelong Learning Class part 2 - MT 2:00 Fit Over 50-AR 3:00 Wii Golf - MT 6:30 BINGO-AR 6:30 Movie-MT</p>	<p>9:00 SundayChurch Sermon - MT 9:15 Errands 10:00 Technology 101 -P 1:30 1st Responds Delivery 1:30 Wii Bowling - MT 2:30 Happy Hour-P Memory Lane Band 6:30 Movie-MT 6:20 Be May Baby @ Billings Studio Theatre* Get Your Weekend Walking Bingo</p>	<p>National Pizza Month 10:00 Exercise-AR 1:30 Hand & Foot Card Game-DR 2:00 Documentary - MT 2:00 Cribbage- AR 6:30 Movie-MT Weekend Walking Bingo</p>
10	11	12	13	14	15	16
<p>3:15 Resident, Family and Friends Ice Cream Social - I 4:00 Pool Game-B 6:30 Movie-MT 6:30 Pinochle-DR Weekend Walking Bingo</p>	<p>9:00 Errands 9:30 Coupon Clipping CC 10:00 Exercise - AR 1:30 Lifelong Learning Class - MT 3:00 Bunco -P 4:00 Spiritual Retreat -C 6:30 Movie - MT</p>	<p>9:30 Bookmobile - DR 10:00 Chair Tai Chi-AR 1:30 Wii Bowling-MT 1:45 Preschool Children DR 3:00 BINGO-AR 4:00 Rosary - C 6:30 Pinochle-I 6:30 Movie - MT</p>	<p>9:00 Albertsons 10:00 Exercise-AR 10:30 Donut w/ Director - FS 1:30 Wal Mart 1:30 Chuck Smith Sermon - MT 3:30 Popular Phrases - AR 6:30 Movie-MT 6:30 Poker-P</p>	<p>Valentine Day 9:00 Baking Club - DR 9:30 Spiritual Coffee Chat - P 10:00 Chair Tai Chi-AR 10:30 Reading Group 1:30 Lifelong Learning Class part 2 -MT 2:00 Fit Over 50-AR 3:00 Valentine Party - DR 6:30 BINGO-AR 6:30 Movie-MT</p>	<p>9:00 Sunday Church Sermon- MT 9:15 Breakfast @ HogWild* 10:00 Technology 101 -P 10:30 1st Responds Delivery 11:30 Random Act of Kindness 1:30 Errands 1:30 Wii Bowling -MT 2:30 Wine Day in pub w/ Music Ray S. 6:30 Movie-MT Get Your Weekend Walking Bingo</p>	<p>10:00 Exercise-AR 1:30 Hand & Foot Card Game-DR 2:00 Documentary - MT 2:00 Cribbage - AR 6:30 Levi Blom @ Lincon Center* \$8.25 6:30 Movie-MT Weekend Walking Bingo</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17 2:00 Jill in the Kitchen DR 3:15 Resident, Family and Friends Ice Cream Social-I 4:00 Pool Game-B 6:30 Movie-MT 6:30 Pinochle-DR <i>Weekend Walking Bingo</i>	18 U.S. Presidents' Day 9:00 Errands 9:30 Coupon Clipping CC 10:00 Exercise- AR 1:30 Lifelong Learning Class- MT 3:00 Bunco -P 4:00 Spiritual Retreat -C 6:30 Movie - MT	19 Chocolate Mint Day 9:30 Crafts- CC 10:00 Chair Tai Chi-AR 1:30 Wii Bowling-MT 2:00 Paraffin Hand Dip - P 3:00 BINGO-AR 4:00 Rosary - C 6:30 Movie - MT 6:30 Pinochle - I	20 9:00 Wal Mart 10:00 Exercise-AR 10:30 American Heart month w/Jan - AR 1:30 Albertsons 1:30 Billy Graham Sermon - MT 1:30 Resident Meeting - P 3:30 Sing along w/Dixie -FS 6:30 Sr. Dance @ Moose Lodge \$5 * 6:30 Movie-MT 6:30 Poker-P	21 9:00 Baking Club -DR 9:30 Spiritual Coffee Chat - P 10:00 Chair Tai Chi-AR 10:30 Reading Group 1:30 Lifelong Learning Class Part 2-MT 2:00 Fit Over 50 - AR 3:00 Wii Golf-MT 6:30 BINGO - AR 6:30 Movie-MT	22 9:00 Gospel Music - MT 9:15 Errands 10:00 Technology 101 - P 11:00 Lunch @ Vig* 1:30 1st Responds Delivery 1:30 Wii Bowling -MT 2:30 Happy Hour-P Ed Cash 6:30 Movie-MT <i>Get Your Weekend Walking Bingo</i>	23 10:00 Exercise-AR 10:00 Food Committee Meeting - FS 1:30 Hand & Foot Card Game-DR 2:00 Documentary - MT 2:00 Cribbage - AR 6:30 Movie-MT <i>Weekend Walking Bingo</i>
24 2:15 U.S. Air Force Falconairs Big Band in Country @ Senior High School * Free 3:15 Resident, Family and Friends Ice Cream Social-I 4:00 Pool Game-B 6:30 Movie-MT 6:30 Pinochle-DR <i>Weekend Walking Bingo</i>	25 9:00 Errands 9:30 Coupon Clipping -CC 10:00 Exercise -AR 2:00 Ralph Lee's Artifact Presentation - MT 3:00 Bunco - P 4:00 Spiritual Retreat -C 6:30 Movie -MT	26 8:30 Foot Clinic - W 9:30 Crafts- CC 10:00 Chair Tai Chi-AR 1:30 Wii Bowling-MT 2:00 Paraffin Hand Dip -P 3:00 BINGO-AR 4:00 Rosary - C 6:30 Movie - MT 6:30 Pinochle - I	27 9:00 Evergreen IGA 10:00 Exercise-AR 1:30 Wal Mart 1:30 Chuck Smith Sermon - MT 1:30 Making Bird House w/ Andy- P 3:30 Popular Phrases - AR 4:30 Dinner@ Applebee's * 6:30 Movie-MT 6:30 Poker-P	28 9:00 Baking Club - DR 9:30 Spiritual Coffee Chat - P 10:30 Reading Group 10:00 Chair Tai Chi-AR 2:00 Fit Over 50 - AR 3:00 Wii Golf - MT 6:30 BINGO AR 6:30 Movie-MT		
		Staff Birthdays 14 Jordy B. 23 Chris S.	Resident Birthdays 18 Betty W. 22 Addie S. 28 Velma G.	Anniversaries	FS Fire Side Lounge MT Movie Theater AR Activity Room PD Private Dining Room I Ice Cream Parlor B Billard Room * Sign up	W Whirlpool Room CC Craft Corner DR Dining room N Nurse Station C Chaple G Gazebo P Pub